



All our courses are online, using zoom.

## **Training for Professionals**

Our full training day - £1200 (can be one day event or two half days)

2 hours with Dr Gillian Harris:

Understanding the development of food acceptance

Appetite Regulation

Diagnosis of Avoidant and Restrictive Food Intake Disorder

2 hours with Sarah Mason:

Sensory Sensitivity and oral motor skills

Feeding Interventions

1 hour with Dr Harris and Sarah Mason

Case studies or Q and A

The same training without final session - £800

Short course - £400 (overview of feeding difficulties and interventions)

1 hour with Dr Gillian Harris

1 hour with Sarah Mason

Course content can be adapted to suit your needs. The pricing is based on £200 per hour per tutor. We offer a discount if you book more than one course.

### **Training for Parents**

Our training for parents is similar in content to that offered for professionals but can be more interactive and flexible, depending on the number attending.

If you would like to book a training package, please contact Sarah Mason via email.

[Sarah.mason@foodrefusal.co.uk](mailto:Sarah.mason@foodrefusal.co.uk)